

COVID19 UPDATE - LEVEL 4

Thursday 19 August 2021

Morena Whānau,

Day two of our Level 4 lockdown is now underway. We have sent up an online form for you to be able to ask us any questions or share any concerns that you may have. We may not have answers or solutions but it will help us with our future support and planning. Feel free to also use it to share something that is working well.

LINK:

https://docs.google.com/forms/d/e/1FAIpQLSdvPI50OfyJt4UWFSErariuZv0taP5wm-iGfPnwfrHYXtliA/viewform?usp=sf_link

The Ministry of Education continues to provide support and advice for schools. They also have information we can pass onto our families and communities. The following we felt might be helpful for people to know:

AGENCIES THAT CAN OFFER ASSISTANCE

Many families may find it tough going back into Alert Level 4. It can be challenging having children at home, being cut off from family and friends, trying to making ends meet and have high stress levels.

For people with disabilities or autism and their support people, the Explore 0800 000421 phone service is available to provide advice or support. This includes advice or support around challenging behaviours. To access this service, you don't need a referral and it doesn't matter whether you're new to Explore, currently on their waitlist or you've worked with them previously. The service is available Monday to Friday 9.00am–5.00pm. When you phone the 0800 number you will be connected with an administrator who will then book you an appointment with one of the specialists.

If you or anyone you know wants some advice or support over this time here are some further options that might be useful.

Support services that remain open:

- Women's Refuge 0800REFUGE or 0800 733 843
- Shine 0508 744 633
- Alcohol and Drug Helpline 0800 787 797
- Oranga Tamariki call centre 0508FAMILY
- CADS 0800 367 222
- Narcotics Anonymous 0800 628 632
- Alcoholics Anonymous 0800 229 6757
- Lifeline 0800 543 354 or free text 4357
- Youthline 0800 376 633 or free text 234
- Samaritans 0800 726 666
- Outline (LGBT) 0800 688 5463
- Depression Helpline 0800 111 757
- Suicide Prevention Helpline 0508 828 865
- The Fono West (Social Services) 09 837 1780
- Counselling Free Call or Text 1737
- Healthline for COVID-19 health advice: 0800 358 5453

Work and Income services centres are closed. However, you can apply for assistance via [MyMSD](#) or phone the contact centre on 0800 559 009.

If you need some assistance with food these food banks may be able to help. Call first for instructions of how they are operating to ensure physical distancing:

- Salvation Army - 06 358 7455 - Mon, Wed, Fri only
- Methodist Social Services - 06 3500307 - Tues, Thurs, Fri only
- Just Zilch - 022 JZPALMY (022-597-2569) - Weekdays

If you're in Auckland, the [Auckland Emergency Management](#) website may be useful. (I know we are not in Auckland but you may have family there)

If you know someone who needs financial assistance, please tell him/her to call the free government helpline 0800 779 997 (8am-1am, seven days a week).

If you know someone is feeling anxious, frustrated or needs a listening ear, they can call or text 1737 to talk with a trained counsellor. It is free 24 hours a day, seven days a week.

ACCESS TO SCHOOL

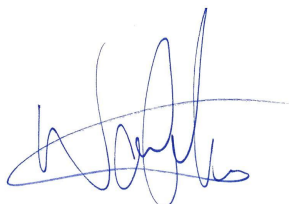
We have been again reminded that we are not able to access school to collect any items. The Ministry of Education is working with the Ministry of Health to develop a potential pathway to make this happen. If and when you are able to access anything from school that may have been left (Devices etc...) we will be in touch to advise the process.

WORKING REMOTELY

Along with this update we have included 6 principles for working remotely - principles that we are holding to at Ross. Originally sent out by Parks Canada and having gone viral since then, these messages are a very important reminder for us all in safeguarding our wellbeing.

Ngā mihi kia koutou,

Wayne Jenkins
PRINCIPAL | TUMUAKI



COVID-19 PRINCIPLES

for Working Remotely

Originally shared by Parks Canada, the principles below are an important message for us all.

- 1** You are not “working from home”, you are “at your home, during a crisis, trying to work”.
- 2** Your personal physical, mental and emotional health is far more important than anything else right now.
- 3** You should not try to compensate for lost productivity by working longer hours.
- 4** You will be kind to yourself and not judge how you are coping based on how others are coping.
- 5** You will be kind to others and not judge how they are coping based on how you are coping.
- 6** Your team’s success will not be measured in the same way it was when things were normal.



ROSS INTERMEDIATE COVID-19 RESPONSE PLAN

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Office Protocols	Business as usual.	Social distancing in the office is controlled. All parents MUST enter the school via the office, no exceptions.	Office is closed to the public and open for parent communications with strong physical distancing.	SCHOOLS ARE CLOSED WITH ONLINE LEARNING SUPPORTED
Classroom Protocols	Business as usual. Hand sanitise as appropriate. Wash hands before eating.	Hand wash or sanitise before eating and when entering a new space. Regular cleaning of desks required. Class trips are able to proceed, assuming less than 100 people.	Learning on site is available for children of essential workers. Additional cleaning schoolwide	
Lunch in Schools	Normal hygiene protocols	Lunches continue as normal. Higher hygiene regime for staff and students.	Lunch will be available for students attending school.	
Playground Protocols	Social distancing encouraged where possible. Student to Student contact is permitted.	Social distancing enforced as practical. Students should not be making contact with each other in a physical way ie. hugging, team tag etc... Drinking fountains are turned off.	Students will be seperated in the playground. Equipment closed.	
Other School Protocols		No school or house assemblies. Other school programmes continue as usual. Hand wash or sanitise when entering a new space. Access to Ross is restricted to authorised persons only. Students that are not well are to remain home.	Social distancing at all times. School Gates to be fully closed and controlled by office staff for entry and exit.	
Staff Protocols	Continue to promote best practice and reinforce messaging for students.	Staff with concerns about work should talk to Wayne. Support students and ensure protocols are followed.	Classroom Teachers will be managing online learning from home. Health compromised staff MUST remain at home.	
Use of Masks	Not required.	This will be determined from the advice given at the time.		
Outside Groups	Use of Government Covid App encouraged.	Use of Government Covid App encouraged. Contact tracing sheets to be submitted to school.	CLOSED	

IMPORTANT: These guidelines are subject to change based on government advice at the time.