



1 March 2022

Kia ora koutou,

The health and wellbeing of our children, staff and community is a top priority.

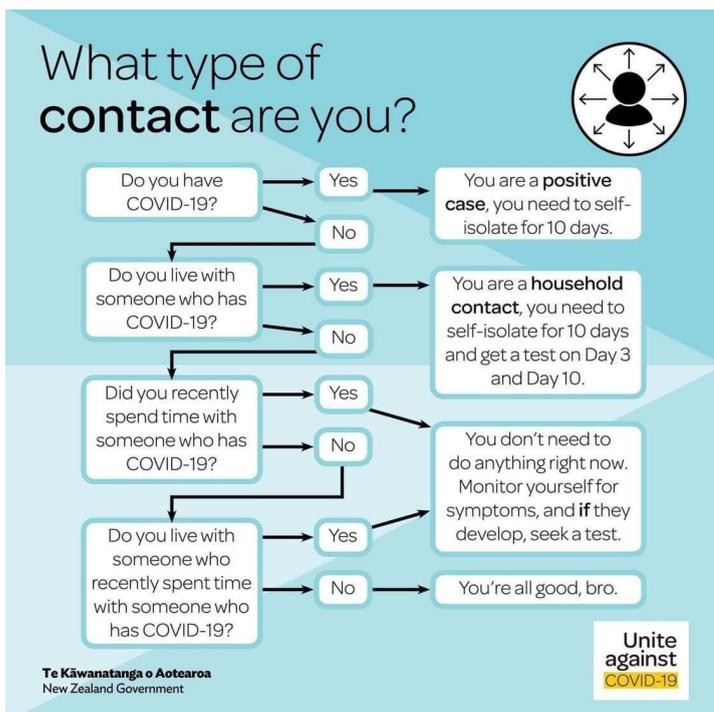
We're sending this letter as there are now a total of three confirmed cases of COVID-19 in our school community. In the most recent point of contact, the student was at school this week and tested positive on Tuesday 1 March. We have made email contact with the whānau who have children in the same room as the case as well as their Specialist Inquiry class too.

As we are in Phase 3, your child can continue attending school as per normal, but should monitor closely for symptoms. If your child feels unwell, they need to isolate immediately and get a test. They cannot return to school until they receive a negative test result.

If your child tests positive, they will need to isolate for 10 days and all household members must also self isolate and get tested on Day 3 and Day 10.

If you need support during self-isolation, call the COVID Welfare Phone Line on 0800 512 337. They will connect you with someone who can help. This could be a local community organisation, a government agency, a marae-based service or support that iwi have established.

For more information go to [Getting support while self isolating](#)



Updated guide to self-isolation

You will need to self-isolate from others if you:

are positive for COVID-19	live with a positive case
You must isolate at home or in suitable alternative accommodation. If you test positive for COVID-19, a health professional will help you decide if managed isolation is suitable for you.	
Isolate for 10 days from when you test positive	Isolate for 10 days
No further tests required unless directed to	Tests on Day 3 and Day 10
Financial support may be available - check our website to find out what you may be eligible for: Covid19.govt.nz/financial-support/	

This information is accurate as at 24 February 2022. However, it may be updated if phases of the Omicron response change. For the most up to date information, please visit our website at www.covid19.govt.nz

Te Kāwanatanga o Aotearoa
New Zealand Government

Unite against COVID-19

Other recommended resources

- [My self isolation plan](#)
- [Preparing to self isolate](#)
- [How to self isolate](#)

Symptoms of COVID-19

- A new or worsening cough
- Sneezing and runny nose
- A fever
- Temporary loss of smell or altered sense of taste
- Sore throat
- Shortness of breath

Less common symptoms include diarrhoea, headache, muscle aches, nausea, vomiting, malaise, chest pain, abdominal pain, joint pain, or confusion/irritability.

For more information, go to [Covid 19 Symptoms - Health & Wellbeing](#)

Ross Intermediate will continue to follow all guidelines from the Ministry of Health to ensure our school is a safe space. Our thoughts are with any affected whānau at this time.

Please contact Wayne Jenkins, wjenkins@rossint.school.nz if you have any questions.

Noho ora mai,



Wayne Jenkins
PRINCIPAL



Wayne Jenkins



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